

# MARKET

\*Body \* Mind \* Heart \* Spirit\*



Market In Spirit  
2018 DATES

March 4th '18

June 10th '18

Sept 9th '18

Dec 9th '18

## FREE March 4th Information Sessions

Session 1: 12—12.45 pm: 'Dreamwalker Death Transitions: Support before, during & after Death' Margaret Wild

Session 2: 2 - 2.45 pm: 'Drug Free Laser Pain Relief & Healing' Jenny Doubell

WOODSIDE HALL

11am - 4pm

COME AND JOIN US FOR A CHAT, FOOD, READINGS & HEALINGS

◆ **QUALITY HOT HOME MADE FOOD** Eat In/Take Away  
Gluten Free Available

### ◆ GIFTS/HANDCRAFTED ITEMS

Stained Glass Angels, Mandalas, Cards, Hand-Painted Chakra/Name Stones, Bracelets, Fused glass, Jewellery, Hand-Knitted Scarves/Caps/Kid's jumpers & Hand-Smocked Children's Clothing, Plants, Home-made Pickles & Jams: Pre-loved to Re-Loved Items, Books & Clothing

*(items may vary depending on stall holders, on availability and seasonal appropriateness)*

### ◆ CRYSTALS, GEMSTONES, ROCKS

*(including information on crystal properties & use)*

### ◆ INTUITIVE READINGS/HEALINGS\*\*

Intuitive Readings: Astrology, Cards, Tarot, Crystal, Inspired Art (Mandalas) Aurasoma & Colour Readings; Healings: Kinesiology, Energy, Reiki, Pranic,

*\*\* Sessions available may vary depending on the Market In Spirit collective members available on the day.*

'Market In Spirit' (MIS) collective members aim to provide spiritually inspired services, education & networking to assist with self-help and self-empowerment through conversations, readings, healings, counselling, products, information cards, newsletters, & items for sale. MIS also aims to support the local community by encouraging cooperation & providing fundraising opportunities for service organisations & local groups.

For more information go to our website: <http://marketinspirit.wordpress.com> or [www.facebook.com/MarketInSpirit/](http://www.facebook.com/MarketInSpirit/) or phone Meg 83394956 or Janet 0400886872

Visit MIS friend Kathryn's shop **Earth & Fire** 54 Main Road, Woodside (opp Foodland) Gifts, environmentally friendly products, hand-made candles. Contact: Kathryn: 0423611985

Sunday 4th March '18

## Free Information Sessions

Session 1: 12—12.45pm:

'Dreamwalker Death Transitions:  
Support before, during & after Death'  
Margaret Wild

There is nothing more certain in all our lives than knowing that one day we will die. Unfortunately, we live in a society which rarely acknowledges Death as a part of Life. In ancient cultures people known as "Dreamwalkers" or Death Transition Facilitators, supported others through the transformative experience of death by accompanying the departing souls into the realms beyond the human experience.

In keeping with this tradition, a new wave of Death Transition Facilitators has emerged to help people gently release their physical body and to provide comfort, guidance, and love to them during the time of death and beyond.

The person transitioning is supported from their early stages of death, through their funeral, then their release of all Earthly connections. A Death Transition Facilitator helps departing Souls to manage connections between the physical and non-physical realms during this major time of transformation.

Margaret Wild will share her experiences of becoming a Dreamwalker initially to support her Mother's experience of Death and Dying. She has since become a Dreamwalker Teacher and has been facilitating the three-day training course since 2008. She has a background in Social Work & Counselling and offers Soul Centred holistic energy work, meditation, and channelled wisdom.

Session 2: 2 - 2.45 pm:

'Drug Free Laser Pain Relief & Healing'  
Jenny Doubell

Remedial Therapies Practitioner, Neuralign, Remedial Massage, Trigger Point, Bowen & Positional Release Therapy, Reiki I & II. Ph 0414317414 Stirling Clinic

Jenny is an experienced practitioner working for years to support people's health & well being. During the session Jenny will share information on treatments designed to assist with pain management & she will demonstrate Thor Low Level Laser Therapy (LLLT). LLLT is the application of red and near infra-red light over injuries or lesions to improve wound and soft tissue healing, reduce inflammation and give relief for injuries and degenerative conditions relieving pain and improving healing, for both acute and chronic pain. LLLT has been used for many years on sports injuries, arthritic joints, neuropathic pain syndromes, back and neck pain & is used by many high level sporting codes & pain management clinics across the globe.



Testimonial    Re: Low Level Laser Therapy (LLLT)  
treatment with Jennifer Doubell, Remedial Therapist in  
Stirling SA, using a THOR Laser unit

I am so grateful for the treatment I received from Jennifer (Jenny), because it has healed my injured and very painful feet. After years of severe heel and foot pain caused by Plantar Fasciitis, also involving a degenerative Achilles tendon and tendon tears, I am now pain free and am able to walk normally again.

I had tried many treatments previously, including podiatry and orthotics (I had to buy oversize shoes and threw away my favourites in despair), specialised physiotherapy, Cortisone injection into my heel (shockingly painful and just made the symptoms worse), and Ultra Sound Shock Wave therapy which was also painful, but did help the first time unfortunately not the second. I had previously had surgery to my toes in an attempt to minimise the symptoms. At the height of the pain when I could not walk I used a walker as a wheelchair by sitting on the seat and pushing myself around with my toes.

Given all of these failures, I was not initially confident about the efficacy of LLLT treatment and I asked Jenny to show me the science. I thought that LLLT would just be a variation of Ultra Sound treatment. We googled thorlaser.com and I watched James Carroll, the developer of the THOR laser, explain to a group at a UN conference all the science behind the workings of the laser and the effect it has on the body. I also saw further evidence for the success of this treatment watching an A Current Affair segment specifically on the THOR laser successfully treating a debilitated migraine sufferer.

I realised that LLLT was unique, and that there was significant evidence for its effectiveness in reducing inflammation and promoting healing in soft tissue. So I am now incredibly happy to be able to tell my story of being healed by LLLT.

Plus, having known Jenny for many years, I have observed her admirable commitment to using her extensive skills and knowledge to facilitate the best possible healing and recovery for her clients. Jenny puts in the extra effort, and her clients, like me, gain the benefits.

With gratitude, Sherry Hargrave ([sherrymaria@internode.on.net](mailto:sherrymaria@internode.on.net))

I'm currently taking my daughter to have treatments with Jenny, initially three times per week and now twice per week. This involves a 250 km (approx) drive from Mt Barker to Gawler, to Stirling, back to Gawler, then home to Mt Barker. Thankfully the treatments have helped enormously, and my daughter said to me in the car after her Friday treatment that she was feeling great. Her pain symptoms were in her neck and Left shoulder, which was very visibly approx six centimetres higher than her Right shoulder. They had been like this for some time, and any activity was very painful including driving. They levelled very quickly with Jenny's treatment and now she has minimal pain.

Blessings,    Sherry xxx \13/1/18

Note from Sherry: I have included my email address so that people can contact me if they want to. I will probably also give my mobile number once I have first communicated with someone.